

HUMAN VALUES: A FUNDAMENTAL COVET

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Abstract:

To understand the need, basic guidelines and process of Value Education is a must in the present scenario. For this Self-exploration, continuous happiness and prosperity, right understanding of relationship is also a necessity. Understanding human being as a co-existence of 'I' and the 'body', is a way of highlighting the harmony of human being. Further harmony in family and society, and also in nature brings a perception of healthy interaction, mutual relationship, trust and respect as the fundamental values of living. One has to accept the fact that by visualizing a harmonious order in society by making it undivided, we can have a universal order from family to world family. And this leads to good accord in the nature which paves way to holistic acceptance of all levels of existence.

Keywords: values, humans, harmony, society etc

Human life is always targeted towards happiness. It is the centric point of every living being. Happiness means being self sufficient also. To have happiness one has to explore oneself, understand his or her value in the view of larger scheme of things that we encounter in life. As man is a social animal, his value counts as per his role and participation with other living beings and the society he lives in.

Every human being takes in four levels of life with his own self, family, society and nature. Whether we know or understand all these, we continue being and living. Added we try to recognize what are our choices, thoughts and desires which will help us to know what we think and what we want. Wants are multifarious, but we have to recognize them right. This helps us to realise the human relationships and the expectations. That also brings in the problems that can be addressed. Then we care for the society we live in as it facilitates us to achieve our goals. Finally the nature in which we exist enables us to see what is wrong and to be modified in it that helps our living comfortable. This is the role of participation in totality.

Every person sets some goals in his life to fulfil. Before this is planned there should be the correct identification of one's aspirations, understanding of human values to fulfil the aspirations, knowledge of values and skills, evaluation of our beliefs and how does technology guide us to know human values. Human beings' aspiration for a happy, fulfilling and a successful life calls for a need of good education. The education creates a value domain for them and along with it a skills domain that makes their values conducive. Therefore the education becomes 'Value Education'. This makes the beings understand their needs and think about goals. Value Education makes all knowledge universal, rational, natural and verifiable, all encompassing and leads to harmony.

A person must always think "what I am?" and "what I really want to be?" It is how one focuses on himself, his beliefs and aspirations. The inner strength makes us resolve the challenges that he faces. So through self-investigation one can self evolve, no one's relation, have ethical human conduct, character, living style and harmony. Desire must be such that it should lead to continuous happiness and prosperity. But the individual should try to understand what is happiness, unhappiness and prosperity. He has to have aspirations but they should be given right priority. Right understanding is the basic and important one that further leads to good relationship that brings mutual happiness with fellow beings and it should also have physical facilities that fetches prosperity with the nature. If priority is given to physical facilities only it is considered to be animal consciousness. Therefore when right understanding of things becomes top most priority, there will be a makeover from animal consciousness to human consciousness and helps to have a value-based living.

We can find two types of persons when happiness and prosperity comes to consideration, one who is deprived and unhappy due to deficiency of materials and the other who is unhappy and deprived even though he is affluent in materials. In the present scenario maintaining ecological balance and harmony with Nature is the most asked question. One has to be aware that wants are unlimited and resources are limited. In such a situation is it possible to have a

peaceful and harmonious co-existence of human beings? Because individually we face problems of depression, anxiety, suicides, stress, insecurity, health problems, lack of confidence and conviction. Along with these at the family level we face breaking up of joint families, mistrust, disharmony in relationships, divorce, dowry deaths and negligence of aged people. Further at the society level we find violence, terrorism, communalism, racial and ethnic struggle, corruption, adulteration, sex-crimes, exploitation, wars between nations and production of lethal weapons. These are a real threat to the society from all angles of vision. We also find weather imbalances, global warming, reduction of mineral and energy resources, deforestation, soil degradation etc. Whatever may be the problem, they are the outcome of misunderstandings, wrong notions about what is happiness, prosperity and their stability. Therefore the survival of human beings on the planet has become a threat. To rectify this, a need and must of right understanding of and living with nature, society, family and individual himself is to be made.

To reach the goal of harmony with one's self, family, society and finally with nature, human being must be the real struggle towards happiness. At the individual stage there will be the want of happiness and physical facilities. Happiness is continuous but not the physical facilities. We get happiness by desiring, thinking, selecting good ones, eating healthy food and breathing smoothly with exercises. This leads to knowing, assuming, recognition and fulfilment. Assumption based on good knowledge will pave way for perfect recognition and strong fulfilment. Yet both happiness and good facilities cannot replace each other. An individual, when he finds harmony through his self exploration, will have a perfect realization and understanding. Through these his imagination of things will be based on good analysis and selection of wanted things only. In other words he gets self-organized which leads to happiness. Happiness makes way for prosperity. This is in a way an appropriate assessment of physical needs and their availability in more than required quantity.

Family is a way to have proper recognition for self. This makes us build relationship where interaction is possible and which further leads to fulfilment, evaluation and mutual happiness. In a family the individual finds relationship and feelings that pave way for mutual happiness. There is an abundance of trust, respect, affection, care, guidance, reverence, glory, gratitude and love in a family. We all cherish to have an undivided society with a Universal Human Order where there is an existence of reasonable living of human beings with plants, animals, air, water, soil and every other unit of nature. Along with it we want a society that must not be divided on basis of caste, creed, sex, race and beliefs. This is possible only when we can have synchronization between family and society. For a harmonious society there should be right understanding in every individual, prosperity in every family, trust in every society and co-existence in nature. Then only we can ensure happiness in a holistic way.

Nature consists of four orders namely material order, plant order, animal order and human order. These include soil, water and air in the material order, plants order, animals and birds in animal order and human beings in human order. Material is conserved as it is. Plant order

has existence as well as growth and even animal body has will to live like plants. And human body has the will to live with happiness. But humans have a higher level of existence. We can find the characteristics like composing, decomposing, wretchedness, cunningness and cruelty in plants and animals respectively but in human beings perseverance, bravery and generosity are the prevailing ones that make the life more assured. Nature is recyclable, self-regulated, interconnected and has mutual fulfilment. Things get transformed and regain the same stature, plants and animals get regulated and breed continues and based on feelings and emotions human is related to others.

Human being as is the super living being must have Values as they are essential in mutual relationship. The knowledge of ensuring nutrition and protection to the body along with the right utilization of the body is necessary. Human values must be accepted naturally but not by fear, enticement or through blind belief/faith. The process of self-exploration helps in getting good harmony in the society or organization. Therefore at the individual point happiness, peace, contentment and bliss in self is a necessity. At the family level mutual fulfilment in relationships, prosperity in family, sustenance of joint families and family playing a major role in building a societal order is a must. At the society level fearlessness, holistic systems of education, health, justice and the whole world being a family is necessary. At the level of nature co-existence of all units in nature, suitable entity, balance of seasons, proper development of plants and animals, availability of natural resources is essential. In totality a proper harmony in an individual leads to a happy family that makes an undisturbed society, furthermore makes nature serene and thus the entire existence will be pleasant. This makes an appropriate Universal Human Order possible.

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