

REAL PURPOSE OF LIFE

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Abstract:

What is the purpose of life? This is the million dollar question since ages. Everyone gives their own version of the answer to this question. If you ask a school student he says to enjoy, if you ask a college student he says to live happily. Though various people give various answers to this question, the real answer is to unite with Ultimate. Generally, people take a narrow view of it. They may pass on as great men or philosophers or scientists, but their purpose of life still remains unsolved. All our thoughts are given by our mind. Only our heart must be pure. All these are mediated by the neurotransmitter. Any neurotransmitters which are released by our body are temporary, so feelings are also the same.

Keywords: purpose, life, spiritual, heart, ultimate, God, scientists, neurotransmitter,.etc

What is the purpose of life? This is the million dollar question since ages. Everyone gives their own version of the answer to this question. Although various people give various answers to this question, the real answer is to unite with Ultimate. Yes, it is true. There are only a few who give serious consideration to the purpose of life. Is it just an accident that two people got together and produced a third? Because in these days of modern frustration, disappointment, health, poverty, illness, many people say I did not want to be here, I did not want to be born. So why am I here? I can assure you that that is the biggest ignorance because we are not here without our own soul wanting to be here.

Generally, people take a narrow view of it. If they are able to achieve they think it, they think that their life to be a success in this life. They may pass on as great men or philosophers or scientists, but their purpose of life still remains unsolved. It does not end with death, for it is only a change of form. The purpose of our life is not to find out a solution of our present birth but for all the lives that we henceforth have.

We have the intellect and the will, one to tell us what to do, one to make us do it. So the will power has to be developed, and it can be developed only by doing what we have to do, not what we want to do. Desire says you go this way; duty, which is nothing but my own plan for me, says you have to go this way. They all want to divert you into what they want. So you lose the way. They have already lost. Our life should be happy with minimum possessions. You will find that when you have a minimum, you don't worry about anything. You are not worried about thieves and robbers; you are not worried about the stock market. So, choose a happy life and not the life of profit.

Who is Ultimate? Is it God or Goddess? People have various conceptions on God. God is not to be found within the fold of a particular region. He is not confined to certain form or rituals. We can seek him in the innermost core of our heart. Our heart must be pure. After purification, it sends blood to different nerves and cells of the body. So the heart is considered the place of God.

All our thoughts are given by our mind. Only our heart must be pure. If we observe evil in others, it is not their fault, it may be their neurotransmitter. Everyone has a chance to get permanent happiness. It is acquired when we unite with God. It is possible through meditation. Meditation means thinking continuously, thinking, feeling and absorbing in God. Here it is not involving in meditation; one has to be in the meditative state. It becomes more simplified to the people who have universal consciousness. *Meditation has to be understood properly. Once this meditative state is achieved, where there are serenity, calmness, and peace, we can do many things with that.*

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